



# Successful Transitions

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# Observations of regenerative producers

- Seeing 'challenge' as opportunity
- Dis-ease as indicators
- Regenerating landscapes from the industrial model requires a paradigm shift



# What is a paradigm?

- Mental image through our filters: theories, research methods, standards and views
- We see the world as we are (filter)
- Cultural and historical contexts





# The Paradigm of Regeneration

<b>“Command and control”</b>	<b>Response - ability</b>
Stress, worry, anxiety	Choose your attitude
Blame- weather, politics, family...	Work on realm of influence
I am my upbringing and circumstances	My life is not my past
I can't - excuses	How can I? - actions
A focus on Doing	A focus on Being
Separate	Part of a whole





“When you change how you look at things, the things you look at change”



# Paradigm shifts

- Are not a threat to science, but rather the very manner in which it progresses.
- We are at a turning point in global paradigms: health, education, food production, environment...







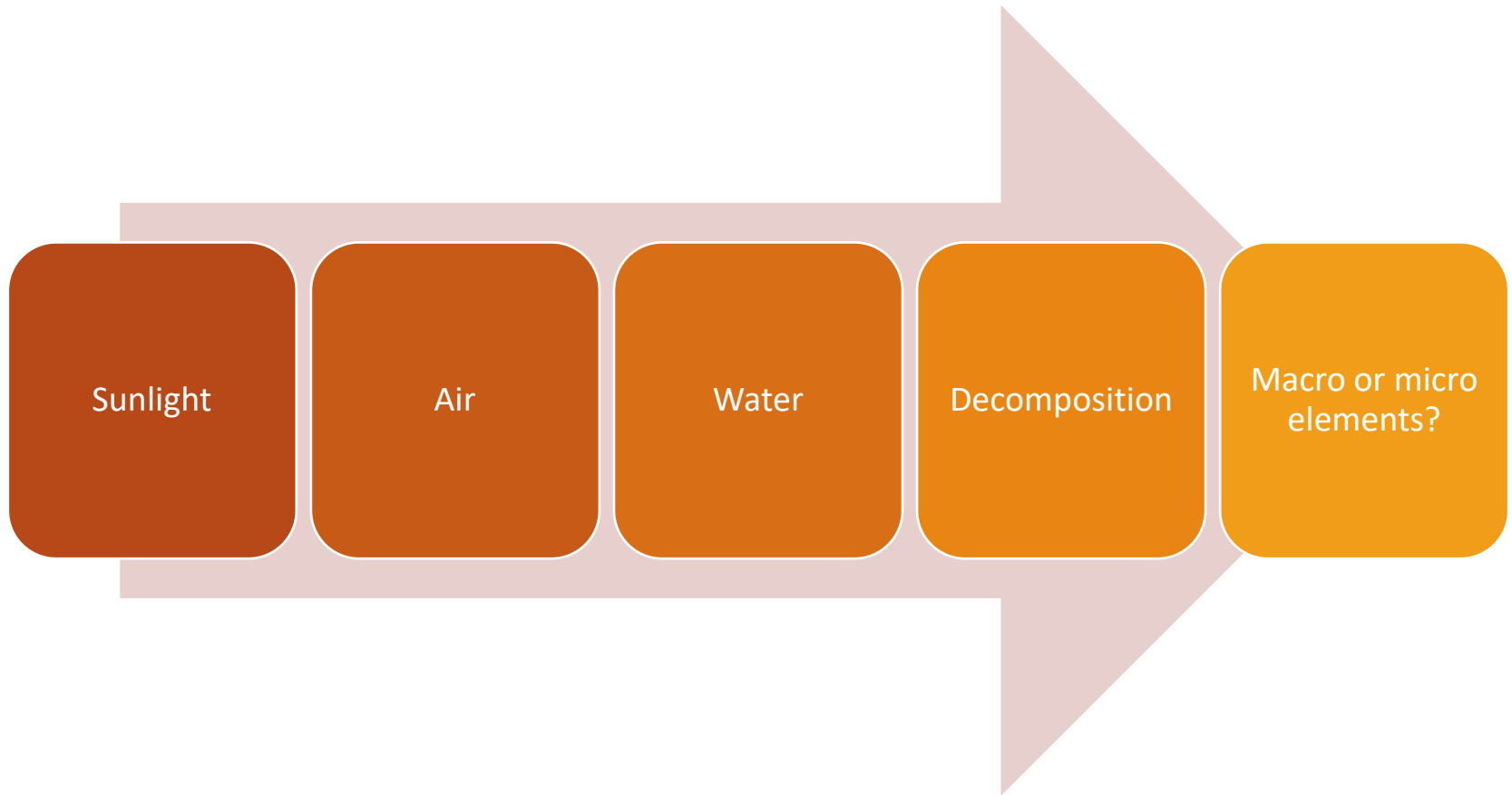
## Where to start?

- Observations
- Goals
- Planning –why?
- Assessment
- Identify enabling factors
- Observe and repeat





# Identify enabling factors





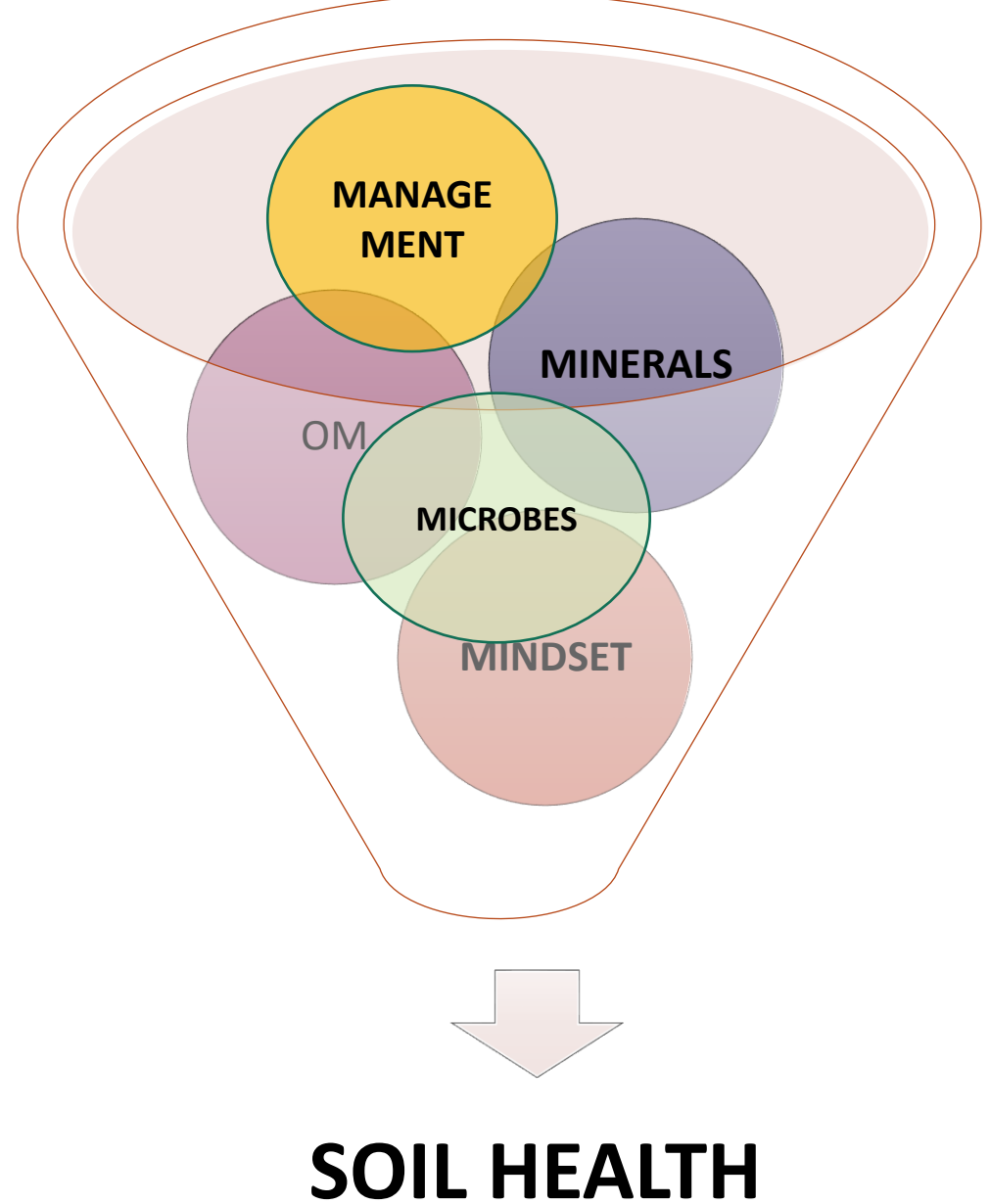


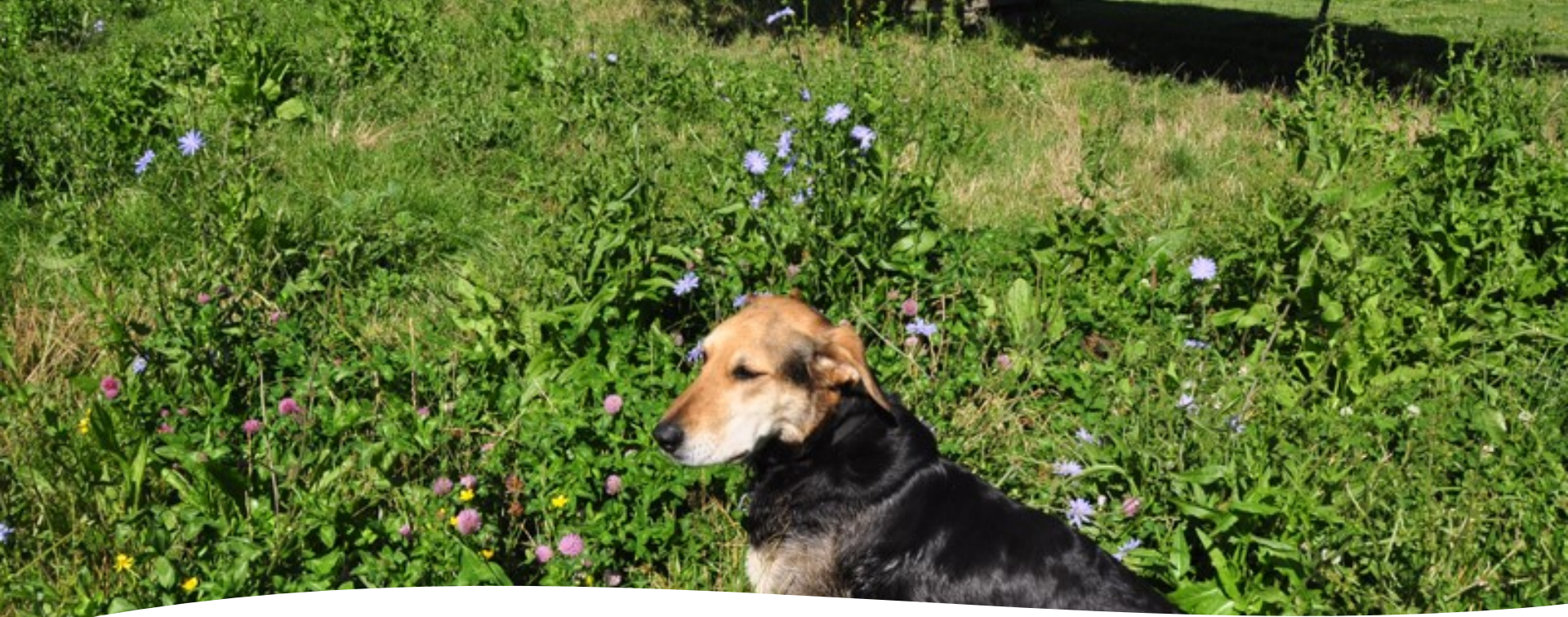
What enabling factors are compromised?

Which of the 5 M's needs to be addressed?



What is  
putting a drag  
on your  
system?





Mindset

If you think you can or think you can't...  
you're right!





Management is key

No biologicals, chemistry, seeds or machinery can overcome poor management (without costing you a lot of money)





All you need is...



# Minerals?



Are they in the bank account, Functional, Biological mediated?

# Microbes?

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OM

1% OM

-\$1679 USD  
per hectare in  
NPKS and  
carbon

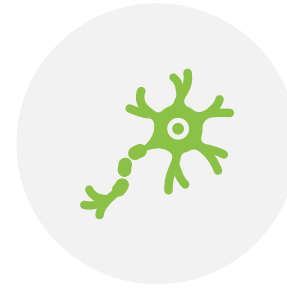
84,000  
litres/ha water  
storage

# Context is everything!

- Test
- Assess
- Trial
- Or work with a trusted source



Hands on  
management



ANY SHIFT AWAY FROM HIGH  
INPUT SYSTEM ELICITS A  
POSITIVE RESPONSE



ALL BIOLOGY  
AFFECTS  
CHEMISTRY; ALL  
CHEMISTRY  
AFFECTS BIOLOGY



NUMBERS  
CANNOT BE  
'FORCED'

# Principles



Optimise plant brix  
(photosynthesis)



Ensure year round cover



Reduce disturbance



Lift above/below diversity &  
biomass



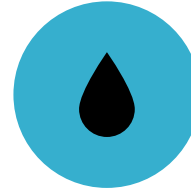
Address limiting factors



# Outcomes



INCREASING  
BIODIVERSITY



WATER QUALITY



SOIL HEALTH  
MEASURES



GHG  
REDUCTIONS



FOOD QUALITY



PROFIT/  
WELLNESS



1

How long has your soil resource been degraded?

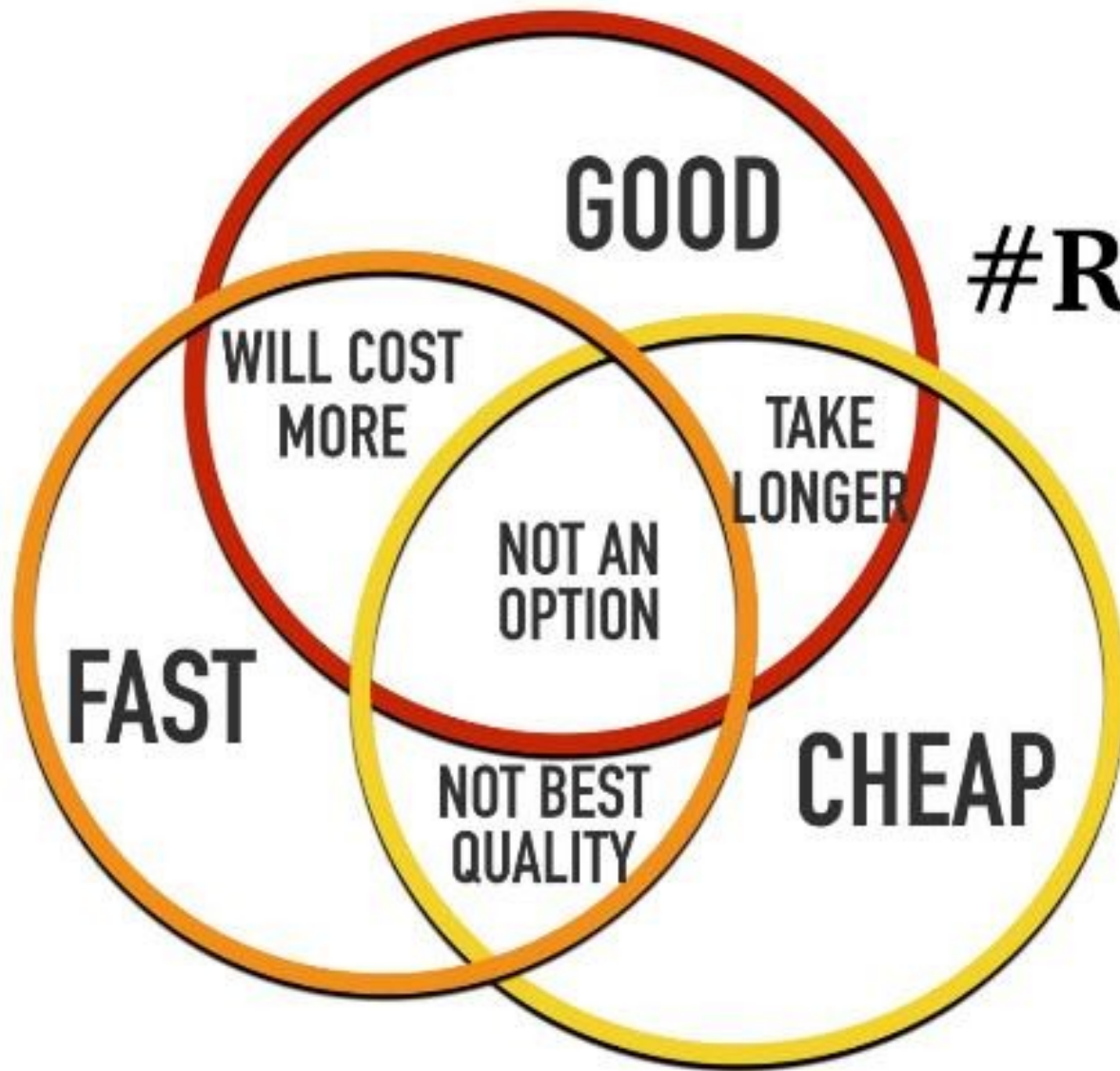


2

How much money/time do you have?

How long will it take?





**#RealityCheck**



## Managing expectations


- Many changes happen under the soil first
  - Look to root structures and soil changes
- Benchmark, monitor and follow trends
- Commit to a program for at least 3 years in the same field

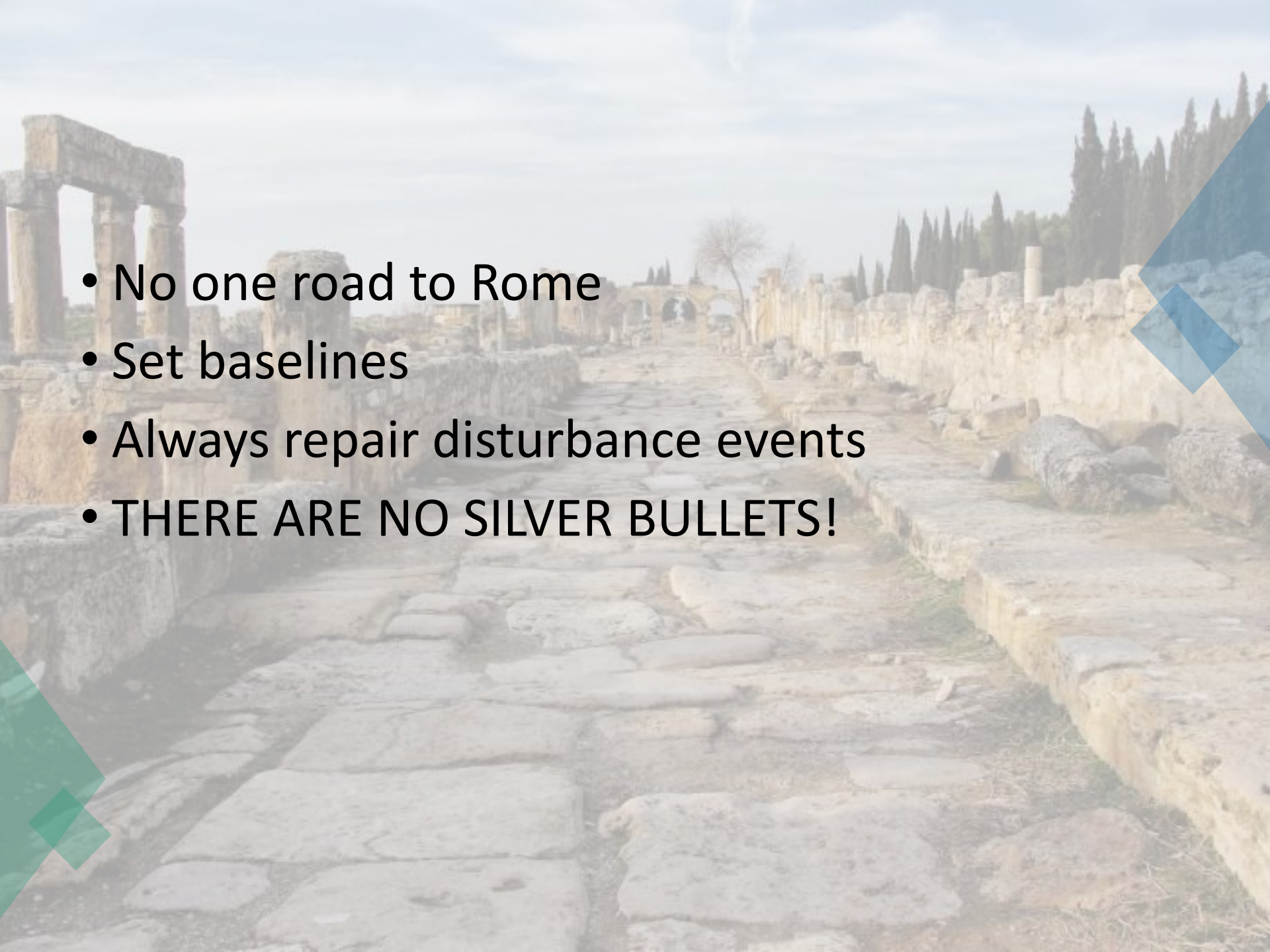
# Regenerative Ag

- This is not a silver bullet 'nitrogen' fix
- If you have a long history of chemical use, low organic matter, imbalance in major elements, high disease pressure, the system needs time to reboot
- All depends on your management, climate, timing, budget...





- 
- A program that works this year still requires monitoring
  - What works this year may not apply next season
    - Biological system
    - Adaptive
    - And we are ALWAYS learning

- 
- No one road to Rome
  - Set baselines
  - Always repair disturbance events
  - **THERE ARE NO SILVER BULLETS!**



Just do it!

- No excuses, make it happen!
- Know where you want to go
- Figure out what tools, funds you have
- 90% of success is your mental attitude!





When walking  
through a  
minefield,  
Follow in the  
footsteps of those  
in front of you!



# FOR THE LOVE OF SOIL

FUTURE-PROOF STRATEGIES TO  
REGENERATE FOOD PRODUCTION SYSTEMS

NICOLE MASTERS

[www.integritysoils.co.nz](http://www.integritysoils.co.nz)

Or from leading online  
book sellers  
Barnes and Noble  
Amazon  
Book Depository

Now available at all  
major Audible book  
retailers



Extra bonus slides

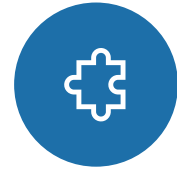
Reduce  
Nitrogen  
with no  
yield loss



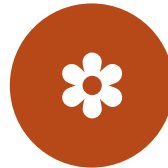
MANAGE  
RESIDUE TO  
RECYCLE  
NUTRIENTS



BIOLOGICAL  
INOCULUMS  
RECYCLE/HOLD  
NUTRIENTS



STIMULATE/IN  
OCULATE N-  
FIXERS,  
MYCORRHIZAE



APPLY N  
CLOSER TO  
CROP NEEDS



SOIL TEST  
BEFORE N  
APPLICATIONS



ANCHOR N  
WITH CARBON  
(HUMATES,  
MOLASSES)



FOLIAR FEED



ADDRESS  
TRACES  
(MANGANESE)

# Reduce and buffer herbicides

- Herbicides and pesticide use can be reduced by 10-30% decreasing pH ~ citric or fulvic acids
  - With the same efficiency!
- Add 1 part fulvic acid to 4 parts herbicide, cut herbicide by 30% with the same kill!



# Reduce and buffer herbicides

- Lift functional Calcium (fungi) to reduce grass weed pressures
- Soil bio-active carbon and C:N rations indirectly proportional to broadleaf weed pressure
  - Improved ratio from 25:1 to 75:1 reduced broadleaf weeds by 75%
  - Ohio Ag Research and Development centre

# Reduce pesticide costs



Poor soil biology directly  
relate to insect pressure



Lift plant brix



Bring sap pH to 6.4



Use IPM and biocontrol  
agents in transition



Read your  
weeds

- Tissue test weeds vs your favoured plant species
- If it is a dynamic accumulator:
  - Mineral imbalance

<i>Nutrient</i>		<i>Units</i>	<i>Rye</i>	<i>Capeweed</i>
Nitrogen	N	%	2.57	2.18
Phosphorus	P	%	0.21	0.24
Potassium	K	%	2.39	2.30
Sulfur	S	%	0.18	0.18
Carbon	C	%	44.5	42.8
Calcium	Ca	%	0.46	<b><u>1.43</u></b>
Magnesium	Mg	%	0.24	0.32
Sodium	Na	%	0.16	<b><u>1.17</u></b>





Copper	Cu	mg/kg	6	9
Zinc	Zn	mg/kg	16	<u>27</u>
Manganese	Mn	mg/kg	47	59
Iron	Fe	mg/kg	60	88
Boron	B	mg/kg	4	<u>39</u>
Molybdenum	Mo	mg/kg	0.5	0.4
Cobalt	Co	mg/kg	<0.1	<0.1
Crude Protein	ratio	%	16.1	13.6
Nitrate	N	mg/kg	62.6	<u>133</u>
Ammonium	N	mg/kg	686	407

- Weeds correlated with soil test which showed low Ca, Na, Zn, B and HIGH Nitrates.
- Weeds accumulate minerals which are low. – (exceptions are Na and Nitrates)